

# JOY GILMOUR (SHE/HER) CSR A

## **CANDIDATE STATEMENT:**

HI, I'M JOY AND I'M RUNNING FOR CURRENT STUDENT REPRESENTATIVE A (CSR) OF THE QMU THIS ACADEMIC YEAR. I'M A THIRD-YEAR STUDENT STUDYING BUSINESS AND MANAGEMENT, AND PHILOSOPHY. I RECENTLY GOT INVOLVED WITH THE UNION THROUGH FRESHERS HELPING WHICH I ENJOYED SO MUCH THAT IT LED ME TO WANT TO BECOME MORE ENGAGED WITH THE QMU AND ITS ACTIVITIES. RECENTLY, I HAVE JOINED THE CAMPAIGNS AND SOCIAL COMMITTEES AND HAVE CO-HOSTED THE QMU QUIZ. OUTSIDE OF UNIVERSITY I ENJOY PHOTOGRAPHY, PAINTING AND QUIZZES, AND DO FAR TOO MANY 6AM START SHIFTS AT WORK FOR SOMEONE WHO ENJOYS SLEEPING!

#### **MANIFESTO:**

#### **EVENTS**

AS CSR, I WANT TO WORK WITH THE SOCIAL AND EVENTS COMMITTEES TO MAKE SURE THAT EVERYONE CAN FIND AN ACTIVITY OR EVENT AT THE QMU THAT THEY ARE INTERESTED IN AND PASSIONATE ABOUT, AS A WAY TO GET MORE PEOPLE INVOLVED WITH THE UNION. OBVIOUSLY, WE ALREADY HAVE SOME AMAZING WEEKLY EVENTS SUCH AS THE QUIZ, KARAOKE AND THE POOL AND DARTS TOURNAMENT, BUT WE COULD EXPAND THIS FURTHER BY INCLUDING REGULAR SOBER ACTIVITIES FOR THOSE WHO MAY NOT WANT TO DRINK, CHARITY EVENTS WITH THE HELP OF CAMPAIGNS, AND EVENTS AIMED AT INTRODUCING NEW PEOPLE, IN ORDER TO TACKLE ONE OF THE MAIN ISSUES MANY STUDENTS FACE, LONELINESS. I ALSO WANT TO FIND FUN NEW WAYS TO PROMOTE THESE EVENTS TO REACH AS MANY PEOPLE AT THE UNIVERSITY AS POSSIBLE. I WOULD AIM TO TEST OUT DIFFERENT METHODS AND SEE WHAT GETS THE MOST ATTENTION, THEN TRY AND WORK THIS INTO REGULAR PRACTICE.

### MENTAL HEALTH AND SAFETY

ADDITIONALLY, I WANT TO MAKE SURE THAT STUDENTS KNOW ABOUT THE RESOURCES AVAILABLE FOR SUPPORTING THEIR MENTAL HEALTH AND SAFETY, BY INCREASING THE PROMOTION OF THESE RESOURCES I WOULD HOPE THAT IT REACHES THOSE WHO NEED IT.